Gymnastics PREMIER NEWS

The Dream Starts Here

Upcoming Events: PGR INFO:

- Jan. 1 Gym Closed
- Jan. 1 Session 1 Begins
- Jan. 5 Optional Meet

• Jan. 11 Homeschool open gym begins

- Jan. 13 Cheer Comp
- Jan. 20 Boys Meet & Cheer Comp
- Jan. 26 Optional Meet
- Jan. 29 Session 2 Begins

• Please remember that 2 weeks notice and a withdrawal form is required before a new session if you are dropping.

 Make-ups must be
scheduled with the office and within 2 weeks of a missed class.

• No credits or refunds are given for missed classes if you choose to drop midway through a session.

Happy 2018!! No Classes Monday Jan. 1st

Policy Update: Withdrawal form must be submitted 2 weeks prior to the end of the session and any balance paid to complete your withdrawal. This form can be found on our website or at the front desk.

HomeSchool Open Gym: Every Thursday starting January 11 from 11am-1pm. Ages 5-14 \$10.00 drop-in. Ages 18 months - 4yrs are welcome if a parent remains with them.

Motivational Moment:

A little progress each day

Adds up to Big Results

Coaches Corner

Remember that Saturday Open Workouts from 11-1pm can also be used for makeup classes for Beginners, Intermediate, and Advanced classes.

Please remember that we like gymnasts to be barefoot and have longer hair tied back. No jewelry or buttons and no gum.

Team Athlete of the Month: Jeyonie Rivera She has been on Team for 8 Months



Employee of the Month: Taylor Glenn Coach at PGR for 3 months

Premier Mission: At PGR our main goal is to provide each child with the safest and most enjoyable environment to perform. Although, we are a gymnastics facility we strive to help children grow in other areas of their life. Gymnastics is an excellent base for all other types of sports, and develops self-confidence and the ability to work as a team. With positive reinforcement coaching, every child should be able to reach their level of excellence in a fun but learning atmosphere.

