

May 1, 2018

PREMIER NEWS



The Dream Starts Here

Upcoming Events:

- May 3-6 Level 9 Westerns
- May 4-6 Xcel Girls Meet
- May 5 Xcel Boys Home Meet
- May 11-13 Level 10 Nationals / Xcel Girls Meet
- May 13 Mother's Day
- May 19-20 Spring Shows
- May 21 Session 6 Begins
- May 22-25 Last week of Open Gyms
- May 26-28 PGR is Closed
- Please remember that 2 weeks notice and a withdrawal form is required before a new session if you are dropping.
- Make-ups must be scheduled with the office and within 2 weeks of a missed class.
- No credits or refunds are given for missed classes if you choose to drop midway through a session.

PGR INFO:

May Spring Shows are May 19th and 20th.

Plan on being a few minutes early and staying the entire time. The gymnasts will rotate from event to event showing off their routines.

Deadline to sign up is May 1st.

May 5th & 12th Saturday Open Workouts will be routine clinics for the Spring Shows.

Open Gyms will end in May for the Summer

Recreational Routine Clinics: Will be held during Saturday Open Workouts 11-1pm on May 5th and 12th.

Preschoolers: If your preschooler is not potty-trained and is in pull-ups please bring an extra in case of accidents. Also, please plan on staying for the entire class just in case of an accident. Children will not be allowed to participate with a dirty pull-up.

Motivational Moment:

"I am not afraid.

I was born to do this."

- Joan of Arc

Coaches Corner

Remember that Saturday Open Workouts from 11-1pm can also be used for make-up classes for Beginners, Intermediate, and Advanced classes.

Preschool Open Gyms are Tuesdays 11:30-1:30pm and Fridays 11-1pm through the school year. Ages 18 months to 6 yrs. Last Day is May 25.

Please remember that when you are dropping our program 2 weeks notice before the new session and a withdrawal form are required.

Team Athlete of the Month:

Jeff Wood

He has been on Team for

11 Months

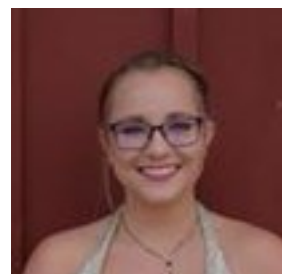


Employee of the Month:

Hayley Hansen

Coach at PGR

for 8 months



Premier Mission: At PGR our main goal is to provide each child with the safest and most enjoyable environment to perform. Although, we are a gymnastics facility we strive to help children grow in other areas of their life. Gymnastics is an excellent base for all other types of sports, and develops self-confidence and the ability to work as a team. With positive reinforcement coaching, every child should be able to reach their level of excellence in a fun but learning atmosphere.