

October 1, 2018

PREMIER NEWS



The Dream Starts Here

Upcoming Events: PGR INFO:

- Oct. 6-7 Girls Level 4 Meet
- Oct. 8 Session 11
- Oct. 13 Team Open Workout
- Oct. 13-14 Girls Level 3 Meet
- Oct. 20-21 Girls L3&4 Meet
- Oct. 24-30 Costume Week
- Oct. 27 Parents Night Out
- Oct. 27-28 Girls L4&5 Meet
- Oct. 31 Halloween Gym Closed Evening Classes
- Please remember that 2 weeks notice and a withdrawal form is required before a new session if you are dropping.
- Make-ups must be scheduled with the office and within 2 weeks of a missed class.
- No credits or refunds are given for missed classes if you choose to drop midway through a session.

Costume Week: October 24-30th gymnasts are welcome to wear non-scary costumes to class. The costume must be something they are still able to workout in.

Halloween: The gym will be closed for evening classes.

Team Open Gym Workout : Saturday October 13th from 7:30-9pm. \$10.00 per gymnast.

Parents Night Out: Saturday October 27th 6:30-9:30pm. Ages 4-13yrs. Advance sign up is \$20 per child & \$10 for siblings; at the door \$25 per child & \$15 for siblings.

Motivational Moment:

“Hard days are the best because that’s when champions are made.”

- Gabby Douglas

Coaches Corner

Homeschool Open Gym: Mondays 11:30-1:30pm. Drop off play for school aged homeschooled children ages 5-12. \$10 drop in fee per child or \$30 max fee per family.

Preschool Open Gyms: Tuesdays 11:30-1:30pm & Fridays 11-1pm. Open play for preschoolers ages 18mon - 6yrs. Currently enrolled families \$7 per child & \$5 for siblings.

Remember that **Recreational Saturday Open Workouts** from 11-1pm can also be used for make-up classes for Beginners, Intermediate, and Advanced classes. \$10 drop in fee. This is not an open play time. They will rotate events working on skills for their level.

Please remember that when you are dropping our program 2 weeks notice before the new session and a withdrawal form are required.

Premier Mission: At PGR our main goal is to provide each child with the safest and most enjoyable environment to perform. Although, we are a gymnastics facility we strive to help children grow in other areas of their life. Gymnastics is an excellent base for all other types of sports, and develops self-confidence and the ability to work as a team. With positive reinforcement coaching, every child should be able to reach their level of excellence in a fun but learning atmosphere.

Team Athlete of the Month:

Brae Dee Cason

She has been on Team for 4 Years



Employee of the Month:

Alic Johnson

Coach at PGR

for 2 years

